

Tasty Tidbits

May 2026

There will be NO Home Delivery
Memorial Day
Monday, May 25th

If you would like frozen meals for
the 3-day weekend, please call us
by 2 pm Thursday, May 14th.



Quiche Promotion!

Get your 10" frozen,
ready-to-bake quiches.

May 4–8
(while supplies last)

Available in 7 Delicious Flavors!
\$17.99, plus tax

- Ham and Cheese
- Italiano with Italian Sausage
- Florentine with Spinach & Bacon
- Mexicana-Meatless
- Mediterranean-Meatless
- Margherita-Meatless
- Mushroom & Leek-Meatless

***Pies and Soups are also available
for purchase. Call 720-780-3380
for delivery with your meal.**

or
Purchase at this location:
The Niche Market
3701 Canfield St, Boulder
M-F 9am-6pm

Meals on Wheels of Boulder
3701 Canfield St
Boulder, CO 80301
mowboulder.org

Refer a Friend or Neighbor

Do you know someone in need of
nutritious meals and well-being
checks in Boulder? Send them our
way!

It's easy for them to get started:

- Call 720-780-3380 to arrange for
meal delivery or to ask any
questions they may have.
- For more information, or to
complete an online intake form,
visit www.mowboulder.org.

COOLERS!!

Please put (or keep) your cooler out,
if there is **any** chance you may not
be able to answer your door when
the driver arrives.

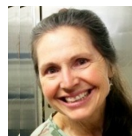
For your safety, drivers are not al-
lowed to leave meals outside with-
out a cooler.

Please remove your meal from the
cooler ASAP and either eat your
meal or put it in your fridge right
away.

Do not put ice in your cooler, as
they're intended to keep your meal
hot as long as possible (except with
summer salad entrées).

If you need a cooler, please call
720-780-3380 to let us know.

If you have questions, please call
Lehshel or Kim at:



Meals on Wheels
of Boulder
720-780-3380
9 a.m.—2 p.m.

