Tasty Tidbits

May 2025

There will be NO Home Delivery Memorial Day Monday, May 26th

If you would like frozen meals for the 3-day weekend, please call us by 2 pm Wednesday, May 14th.



Quiche Your Mom!

Celebrate moms with our 10" frozen, ready-to-bake quiches.

May 5—9 (while supplies last)

Available in 7 Delicious Flavors! \$17.99, plus tax

- Ham and Cheese
- Italiano with Italian Sausage
- Florentine with Spinach & Bacon
- Mexicana-Meatless
- Mediterranean-Meatless
- Margherita-Meatless
- Mushroom & Leek-Meatless

*Pies and Soups are also available for purchase. Call 720-780-3380 for delivery with your meal.

Purchase at this location:
The Niche Market
3701 Canfield St, Boulder
M-F 9am-6pm

Meals on Wheels of Boulder 3701 Canfield St Boulder, CO 80301 mowboulder.org

Important Reminder

Please remember to **always** check your side bags (salad/dessert) when your meal is delivered.

- Remove your monthly meal schedule (with "Tasty Tidbits" on the back side), any fliers, cards or notices and read them as soon as possible!
- We send things in your bags to make sure you receive them as well as to save Meals on Wheels of Boulder the cost of postage.

COOLERS!!

Please put (or keep) your cooler out, if there is **any** chance you may not be able to answer your door when the driver arrives.

For your safety, drivers are not allowed to leave meals outside without a cooler.

Please remove your meal from the cooler ASAP and either eat your meal or put it in your fridge right away.

Do not put ice in your cooler, as they're intended to keep your meal hot as long as possible (except with summer salad entrées).

If you need a cooler, please call 720-780-3380 to let us know.

If you have questions, please call Lehshel or Kim at:



Meals on Wheels of Boulder 720-780-3380 9 a.m.—2 p.m.

