

Tasty Tidbits

March 2025



Reminder that Daylight Savings begins **Sunday, March 9th**.
Spring forward 1 hour!

Not Sure How to Dispose of Your Meals Containers?

We receive many questions about how to dispose of your meal containers.

Please follow these quick guidelines per Eco Cycle:

- Clear plastic containers #1, 2, 5 (salads, desserts...) can be recycled.
- 4oz containers #3, 4, 6 used for apple sauce, cottage cheese, mixed fruit are **NOT** recyclable
- No containers are compostable.



Happy St. Patrick's Day March 17th!

"Never iron a four-leaf clover, because you never want to press your luck."

- Irish Proverb

Meals on Wheels of Boulder
3701 Canfield St
Boulder, CO 80301
mowboulder.org



Important News!

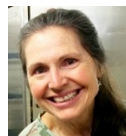
Meals on Wheel of Boulder Funding

We want to reassure you that our services will continue without interruption. Although there are reports that federal funding for Health and Human Services may be reduced, please know that Meals on Wheels of Boulder is not affected. Our organization is sustained entirely through generous donations and foundation grants, allowing us to serve our community regardless of age or income.

Supply Chain Challenges

We also want to update you on some challenges with our food supply. Recent fluctuations in market conditions and policy changes have impacted our suppliers' ability to provide certain items, including meat, vegetables, and fruit. Rest assured, our dedicated kitchen manager, Todd, is working diligently to navigate these obstacles and ensure that you continue to receive nutritious meals. Thank you in advance for understanding if a menu item is unavailable and replaced with another item.

If you have questions, please call
Lehshel or Kim at:



Meals on Wheels
of Boulder
720-780-3380
9 a.m.—2 p.m.

