



EAT WELL CAFÉ

Hours: 11 am to 1 pm

**Address: 909 Arapahoe Ave.
In the Age Well Center**

MEALS ON WHEELS OF BOULDER

The mission of Meals on Wheels of Boulder is to provide nutritious meals and a daily well-being check to Boulder residents, regardless of age or income.

info@mowboulder.org

**(720) 780-3380
Mowboulder.org
3701 Canfield St.
Boulder, CO 80301**

ABOUT

THINK GOODNESS FOODS

Think Goodness Foods is a Meals on Wheels of Boulder initiative offering quiches, soups, and pies. Quiches and pies are frozen, ready to take-and-bake, and soups are ready to heat and eat! All *Think Goodness Foods* products are handmade using fresh ingredients.

All proceeds from *Think Goodness Foods* benefit Meals on Wheels of Boulder!

THE NICHE MARKET

The Niche Market is a Meals on Wheels of Boulder initiative located in our new building at 3701 Canfield Street.

The Market is a neighborhood shop offering local products, grocery essentials, pastries, snacks and much more!

Stop by the Niche Market today to get your groceries and do good at the same time.

Located in the Age Well Center, West – 909 Arapahoe, in Boulder

Open from 11 am-1:00 pm Weekdays



Eat Well Café Meal Deal

Meal includes your choice of **entrée**,
choice of side salad, or cup of soup,
beverage & dessert

\$7.99

Premium dessert with meal +\$1.00

À la carte entrée
(protein, starch and vegetable)

\$4.99

See chalkboard for daily menu

NO substitutions please



SANDWICHES & PANINIS

made-to-order

*Includes a beverage and your choice of
chips, side salad, or cup of soup*

\$7.99

Choice of bread, deli meat, cheese,
vegetables, and condiments.

**Please see server for available
offerings**



SOUPS & SALADS

Bowl of Soup \$3.99 | Cup of Soup \$1.99

Bowl of Soup & Side Salad (*includes
beverage*) \$6.99

Entrée Salad (*includes beverage, cup of
soup and regular dessert*)
\$6.99

Side Salad \$2.99



BEVERAGES

\$2

COFFEE

ICED or HOT TEA

MILK

JUICE

DESSERTS

\$2.49



There is a \$1 service fee for To-Go Meals
Please note prices do not include tax

