

# December 2024 Eat Well Café Menu

Mon	Tue	Wed	Thu	Fri
2 Mustard-Herb Chicken - Italian Sausage Meat Sauce With Spaghetti	3 Swiss-Steak with Mushroom Gravy - White Bean Gilette	4 Creamy Tuna & Noodles - Beef Macaroni	5 Hash Brown Breakfast Casserole - Ancho Chicken with Black Beans, Peppers, & Onions	6 Roasted Pork Loin - Mediterranean Cod
9 Cajun-Fried Catfish - Chili con Carne	10 Pork Chops - Tilapia with Tomato & Basil	11 Wild Mushroom Risotto - Creamy Garlic Chicken	12 Beef Fajitas - Vietnamese Pork Bowl	13 Honey-Garlic Chicken - Vegetable Ragu
16 Pulled Pork Sliders - Fish & Chips	17 Curried Beef - Eggplant Penne Bake	18 Oven-Fried Chicken - Ground Pork Taco Casserole	19 Pasta Puttanesca - Hamburger Gravy over Biscuit	20 Chile Rellenos - Butter Chicken
23 Swedish Meatballs - Chicken Piccata	24 Café Closed	25 Café Closed Holiday	26 Baked Ziti - Blackened Pangasius	27 Chicken Pot Pie - Beef Tips with Mushrooms
30 Gochuchang Pork Ribs - Madras Lentils with Couscous	31 Café Closed	Eat Well Café (Inside the Age Well Center) 909 Arapahoe Ave, Boulder 303-441-3148 (Front desk)  Open 11 am—1 pm Weekdays		

CLOSING PROMPTLY AT 1:00

