

# May 2024 Eat Well Café Menu

Mon	Tue	Wed	Thu	Fri
Eat Well Café (Inside the Age Well Center) 909 Arapahoe Ave, Boulder 303-441-3148 (Front desk)  Open 11 am–1 pm Weekdays		1 Twice-Baked Potatoes - Cajun Chicken Pasta	2 Pork Schnitzel - Crusted Tilapia	3 Cracker-Topped Cod - Beef Taco Casserole
6 Beef Short Ribs - Lemon Chicken	7 Sweet & Sour Pork - Vegetable Ragout	8 Chicken Caprese - Meatloaf	9 Cajun-Style Fish - Ham Pasta Salad	10 Crispy Gnocchi w/ Burst Tomatoes and Mozzarella - Fish & Chips
13 Orange-Soy Tilapia - Manicotti	14 Chicken Tika Masala - Bratwurst & Sauerkraut	15 Mushroom Parmesan - Blackened Tilapia	16 Italian Breaded Pork Chops - Sesame Beef	17 Beef Stroganoff - Chicken Salad
20 Chicken Alfredo - Lite Topped Cod	21 Pork Chilaquiles - Hamburgers	22 Cheesesteak Stuffed Peppers - Rosemary Ranch Chicken	23 Green Chili & Cheese Macaroni - Yucatan Pork Roast	24 Shrimp Fried Rice - BBQ Beef Brisket
27  <b>Café Closed</b>  <b>Memorial Day</b>	28 Pasta Bolognese - Curried Lentils w/Cauliflower	29 Roasted Chicken w/ Mustard Sauce - Cabbage Roll	30 Falafel Pita - Chicken Piccata	31 Backyard Barbeque - Eggplant Sausage Casserole