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For Immediate Release

8th GRADE STUDENTS FROM CENTENNIAL MIDDLE SCHOOL HOST A FUNDRAISER FOR MEALS ON WHEELS OF BOULDER

Maggie Dwight is 14, an 8th grader at Centennial Middle School. For her health class, along with her friends, Tula Delaney, and Evi Grabski, Maggie has chosen to help the community by fundraising for an organization in Boulder which deals with food stability.

"Food stability is when a person has access to food at all times, when they have food in the pantry or the fridge. While you may think that a lot of people have that and can make meals, that is not always the case," says Maggie, "Lots of people in Boulder don't have access to the amazing food we have."

1 out of 8 people in Boulder County are food insecure in one form or another. In other words, they need help making meals, buying groceries, etc.

The three friends are raising money to give to Meals on Wheels of Boulder, a nonprofit that delivers meals to Boulder neighbors who are unable to grocery shop or prepare meals for themselves.

"They really make an impact on people's lives and that is why we are raising money for them," Maggie explains.

Maggie and her friends are using GoFundMe to raise \$2,000. The funds that they raise automatically go straight from GoFundMe to Meals on Wheels of Boulder. Every donation of any amount will help make an impact.

"So, thanks in advance for your contribution to this cause which means so much to Tula, Evi, and me," says Maggie.

To donate to their fundraiser, please visit: <u>https://gofund.me/c710ff57</u>

About Meals on Wheels of Boulder

Since 1969, Meals on Wheels of Boulder has been providing healthy and high-quality meals to people who truly need them. Over 2.7 million meals have been delivered. We serve the lonely, isolated, often invisible members of our community who are not able to shop for or prepare their own meals. Meals on Wheels of Boulder clients are able to maintain health longer, age in place in their own homes, and enjoy improved quality of life, independence, and dignity.

Meals on Wheels of Boulder provides nutritious meals and a daily wellbeing check-in to Boulder neighbors who might not otherwise have access to good nutrition, and who can go days without the warmth of human interaction. We deliver over 300-400 meals each weekday with the support of close to 400 volunteers per year.

Since Meals on Wheels of Boulder accepts no state or federal government funding, we are able to serve anyone, regardless of age or income. Your Boulder neighbors want to live in their own home, to age in place, or to recover from the hospital or rehabilitation facility. Meals on Wheels of Boulder and you, our supporters, make this possible.