

# Eat Well Tidbits

February 2024

## Presidents Day Closure

The Eat Well Café will be closed on **February 19th** for Presidents Day.

Presidents Day is popularly recognized as honoring George Washington and Abraham Lincoln. The day is sometimes understood as a celebration of the birthdays and lives of all U.S. presidents.



*Valentine from the Heart*

"I feel there is nothing more truly artistic than to love people"

-Vincent van Gogh

## Winter Days and Snow Closures

We do our best to consistently provide lunch at the Eat Well Café if the Age Well Center is open. There are rare occasions where Meals on Wheels of Boulder will determine the roads are not safe for our staff and volunteers to drive and will call a 'snow day', closing the café even if the Age Well Center is open.

If you're planning to attend lunch on a snowy day and you are in doubt if the café is open, you may call the Age Well Center at 303-441-3148 to check on the cafe status.

Again, it is a rare occurrence that we would call a snow day while the Age Well Center remains open. We apologize for any inconvenience this may cause and hope you understand safety comes first.



## Project Homecoming

Project Homecoming is offered by Meals on Wheels of Boulder to help recently discharged patients (regardless of age or income) make the transition from hospital to home.

After you return home, you will receive 5 free nutritious meals, making it easier for you to focus on your healing process and recovery.

If you or anyone you know is interested in Project Homecoming, please call us at 720-780-3380 or email us at [info@mowboulder.org](mailto:info@mowboulder.org).



"Excellent service! Friendly delivery with smiles and well wishes! This service has been extraordinarily helpful! Appreciate it some much. Thank you."

- A Project Homecoming Client

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