

# May 2023 *Eat Well Café Menu*

Mon	Tue	Wed	Thu	Fri
1 French Dip Sandwich - Lemon Chicken	2 Lemon Pepper Swai - Honey Garlic Pork	3 Chicken Alfredo - Tortilla Crusted Tilapia	4 Sweet & Sour Pork - Chickpea Curry	5 Cheese Enchiladas - Sloppy Joe's
8 Puerco (Pork) Al Pastor - Lasagna Roll-ups	9 Chicken Caprese - Todd's Meatloaf	10 Creole Gumbo - BBQ Pork Ribs	11 Mediterranean Pasta - Chicken Salad on Lettuce	12 Garlic-Soy Flank Steak - Fish & Chips
15 Creamy Tuna & Pasta - Rosemary Pork	16 Cuban Picadillo - Poached Cod with Cream Dill Sauce	17 Pork Schnitzel - Sesame Beef	18 Pesto Gnocchi - Cajun Chicken Pasta	19 Coconut-Crusted Chicken - Ratatouille
22 Tempeh Tacos - Garlic Butter Chicken	23 Chicken Risotto - Blackened Catfish	24 Mushroom Pot Pies - Red & White Manicotti	25 Garlic Infused Pork Shoulder - Roast Beef	26 Orange Beef Stir-Fry - Classic Pasta Salad
29 Memorial Day  Café Closed	30 Steak Kabobs - Bratwurst & Sauerkraut	31 Gochujang Chicken - Lite Topped Cod	<i>Enjoy our new menu at Eat Well Café Open 11–1:00 Weekdays Sara Steinman, Café Manager John Bleil, Chef</i>	