

Meals on Wheels of Boulder
3701 Canfield St.
Boulder, CO 80501

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mowboulder.org



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For Immediate Release

MARCH FOR MEALS 2023 EVENT – MARCH 20-24

Meals on Wheels of Boulder's event to celebrate the mission of Meals on Wheels across the nation!

Boulder, CO— From March 20-24, Meals on Wheels of Boulder is joining organizations across the nation to celebrate the missions of Meals on Wheels with an event called March for Meals.

Meals on Wheels of Boulder, through this event, will be spreading the word about all the community support and bring more awareness to the mission of the nonprofit - to provide hot, nutritious meals and a daily well-being check to Boulder neighbors, regardless of age or income.

During the week of March 20-24, several fun activities are planned:

- **Community Champions Week** - a series of scheduled public figures from our community will ride along with an assigned volunteer driver and a photographer/videographer to appreciate firsthand meal deliveries to our Boulder neighbors. Each day will start at 10:15 a.m. at the Meals on Wheels of Boulder building at 3701 Canfield Street, Boulder, CO.

March 20 – Jan Berg – Boulder Community Rock Star

March 21 – Rachel Friend, City of Boulder Council Member

March 22 – Ginger Havlat – Longtime Host on Radio Station KBCO

March 23 – Private Party – Breakfast for Champions for invited community champions

- **Stories Showcase** – a webpage filled with testimonial stories, photos, and videos to honor the everyday champions who make Meals on Wheels of Boulder's mission come to life.
- **Music for Meals**- Friday, March 24th premiere - An online “live” concert featuring special footage from **Hazel Miller & the Collective and Face Vocal Band**. For tickets and more information:

<https://mowboulder.salsalabs.org/MusicforMeals>

Please save the week of March 20-24 on your calendars. You will not want to miss out on the fun!

For more information about March for Meals 2023 visit www.mowboulder.org/marchformeals2023

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About Meals on Wheels of Boulder

Since 1969, Meals on Wheels of Boulder has been providing healthy and high-quality meals to people who truly need them. We serve the lonely, isolated, often invisible members of our community who are not able to shop for or prepare their own meals. Meals on Wheels of Boulder clients are able to maintain health longer, age in place in their own homes, and enjoy improved quality of life, independence, and dignity.

Meals on Wheels of Boulder provides nutritious meals and a daily wellbeing check-in to Boulder neighbors who might not otherwise have access to good nutrition, and who can go days without the warmth of human interaction. We deliver over 250 meals each weekday with the support of around 400 volunteers per year.

Since Meals on Wheels of Boulder accepts no state or federal government funding, we are able to serve anyone, regardless of age or income. Your Boulder neighbors want to live in their own home, to age in place, or to recover from the hospital or rehabilitation facility. Meals on Wheels of Boulder and you, our supporters, make this possible.

Thank you to our Concert Sponsors:

Bowman Custom Landscaping, Proto's Pizza, and Pulitzer Promotions.

About March for Meals 2023

March for Meals 2023 is a celebration across the nation for the missions of Meals on Wheels and for the signing of the Older Americans Act Nutrition Program amendment (1972). This signing launched many more Meals on Wheels and other agencies across the country. For more information, please visit the [Meals on Wheels of America website](#).

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