



PRESENTED BY



EAT WELL CAFÉ

Hours: 11 a.m. to 1 p.m.
Address: 909 Arapahoe Ave.
In the Age Well Center

MEALS ON WHEELS OF BOULDER

The mission of Meals on Wheels of Boulder is to provide nutritious meals and a daily well-being check to Boulder residents, regardless of age or income.

info@mowboulder.org

(720) 780-3380

Mowboulder.org
3701 Canfield St.
Boulder, CO 80301

ABOUT THINK GOODNESS FOODS

Think Goodness Foods is a Meals on Wheels of Boulder initiative offering quiches, soups, and pies. Quiches and pies are frozen, ready to take-and-bake, and soups are ready to heat and eat! All Think Goodness Foods products are handmade using fresh ingredients.

All proceeds from Think Goodness Foods benefit Meals on Wheels of Boulder!

THE NICHE MARKET

The Niche Market is a Meals on Wheels of Boulder initiative located in our new building at 3701 Canfield Street.

The Market is a neighborhood shop offering local products, grocery essentials, pastries, snacks and much more!

Stop by the Niche Market today to get your groceries and do good at the same time.



Located in the Age Well Center, West – 909 Arapahoe, in Boulder
Open from 11-1:00 Weekdays

PANINIS, SANDWICHES, & WRAPS

made-to-order

Comes with a beverage and your choice of chips, side salad, or cup of soup

\$6.99

Choose your meat, cheese, veggies and toppings.



Please see server for the daily listings.

Eat Well Café Entree M.O.W. Entree

Comes with a drink, choice of side salad or cup of soup & dessert

VARIES DAILY — SEE CHALKBOARD
\$6.99

no substitutions please

CREATE-YOUR-OWN SALAD

Comes with a soup and dessert
\$5.99

SOUPS & SALADS

Bowl \$3.99 | Cup \$1.99

SOUP & SIDE SALAD \$5.99
SOUP & HALF SANDWICH \$5.99

Comes with a drink

BEVERAGES

\$1

COFFEE

ICED or HOT TEA

MILK

JUICE

DESSERTS

VARIES DAILY

\$1.99



Please note that all prices do not include tax