

Tasty Tidbits

January 2023

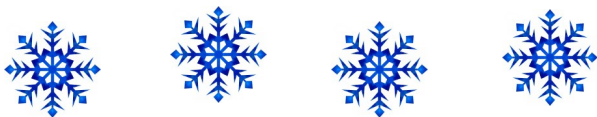


Warmest thoughts and best wishes for a Happy New Year! We are grateful for you and wish you well in 2023!

From all of us at
Meals on Wheels of Boulder

Reminder

There will be NO Home Delivery on:
Monday, January 2



Let It Snow, Let It Snow!

Winter is upon us which means possible snow closures. Here are a few things to remember:

- Watch for news on your tv of closures. MOW will be listed if we are closed. Or call MOW and our voicemail will state we are closed.
- We will also send an automated voicemail to you if we close.
- If we are open, there may be a delay receiving your meal. Please be patient for your driver to make it to your home.
- Plan ahead to have extra food or our frozen meals on hand.



Natural Gas Sticker Shock?

If you're like most of us, you received an unwelcomed surprise when you opened your December Xcel Energy bill -an approximately 54% increase compared to last December.

The hike in the average December bill to \$177 from \$115 in 2021 is being driven by a string of rate increases, which have been spurred by higher natural gas prices, according to the Colorado Office of the Utility Consumer Advocate.

- Here are some savings tips:
- **Conserve using hot water.** Adjust schedules for length of showering, running dishwasher, frequency of laundering.
 - **Turn off gas fireplace.** If needed, use a newer, safe space heater (Do NOT use kerosene or old space heaters).
 - **Keep thermostat between 68 -72 degrees at night.** Bundle up with sweaters, warm socks, and throw blankets.

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If you have questions, please don't hesitate to call Lehshel or Janean at:



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