


September 2022 *Eat Well Café Menu* 909 Arapahoe, M-F, 11 a.m.—1 p.m.

Mon	Tue	Wed	Thu	Fri
Eat Well Café Sara Steinman, Café Manager Max Machuca, Chef Due to food shortages, menu items are subject to change without notice. Thank you for your patience!			1 Andouille Pork Paella - Beef Stir Fry	2 Spicy Chicken - Lemon Pepper Tilapia
5 Labor Day Café Closed	6 Korean Fried Chicken - Italian Sausage	7 Vegetarian Lasagna - Beef Cabbage Roll	8 Beef Barbacoa - Cod with Creamed Spinach	9 Baked Cod - Curried Chicken
12 Island Tilapia - Rosemary Pork Loin	13 Bangers & Mash - Vegetable Stir Fry with Rice	14 Mongolian Beef - White Bean Chicken Chili	15 Chicken Enchiladas - Meatloaf	16 Manicotti - Herb Baked Cod
19 Asian Garlic Tofu - Tuna Noodle Casserole	20 Chicken Pad Thai - Sauerbraten	21 Fish & Chips - Roast Pork Italiano	22 Pork Mole - BBQ Chicken	23 Cheese Burgers - Stuffed Shells
26 Four Cheese Enchiladas - Chicken with White Wine & Mushrooms	27 Pork Adobo - Lemon Tarragon Tilapia	28 Thai Chicken Pasta - Bratwurst with Sauerkraut	29 Pot Roast - Vegetarian Moroccan Stew	30 Catfish - Beef Chili