

Tasty Tidbits

August 2022

REMINDER!

There will be NO Home Delivery on
Labor Day
Monday, September 5th

If you would like a frozen meal for
the 3-day weekend, please call us
by 2 pm, Thursday, Aug 25th.

Meal Packaging

Please remember your plastic meal
containers from MOW are
recyclable.

The tan paper-like containers are
compostable (remove the film lid
before composting).

Staying On Point With Our Mission During Challenging Times

At Meals on Wheels of Boulder our mission is to provide nutritious meals and daily well-being check to Boulder residents, regardless of age or income. In our 53 years serving the community, we have stayed on point with our mission, even during challenging times in our nation. This is made possible by the many ways you and the community support us. Here are some examples:

- We have over 200 volunteers a week who help pack meals, deliver meals, provide office support, cashier in our Niche Market and serve and cashier at the Eat Well Café.
- Contributions from our supporters make it possible for us to keep the cost of meals affordable to our clients (we do not receive Federal money, allowing us to serve our community regardless of age or income).
- We have seasoned buyers of food products and supplies, allowing us to make the best selections during supply chain challenges and rising costs.
- Nearly half of our clients (you!) are helping to lower our administration costs by paying for meals via credit card instead of receiving a paper statement in the mail...this is a \$3,000 savings per year. In case you aren't aware, we safely and securely take all credit cards, including EBT (SNAP).

We are always looking for ways to continue to provide nutritious meals to our community and will not be deterred when challenges call for us to 'pivot.' Thank you for your support and for allowing us to serve you!

Meals on Wheels of Boulder
3701 Canfield St
Boulder, CO 80301
mowboulder.org

If you have questions or feedback, please
don't hesitate to call
Lehshel or Janean at:



Meals on Wheels
of Boulder

