

August 2022 Home Delivered Meals

Mon	Tue	Wed	Thu	Fri
1 Pork Stir Fry	2 Mainly Tilapia	3 Vegan Tuscan White Bean Salad	4 Beef Tips & Noodles	5 Roasted Chicken
8 Vegetarian Black Bean Stew	9 Roasted Pork	10 Lightly Topped Cod	11 Chicken Caesar Salad	12 Italian Beef Pot Roast
15 Beef Pepper Steak	16 Tortilla Crusted Tilapia	17 Chicken Parmesan	18 Tuna Salad with Muffin	19 BBQ Pork Ribs
22 Sausage & Rice Casserole	23 Spaghetti & Meat Sauce	24 Curried Lentils	25 Pesto Chicken Pasta	26 Fish & Chips
29 Chicken a la King	30 One Pot Farrow with Tomatoes	31 Herb Roasted Pork	<p><i>If you have questions about our menus, service, or your account, please call Lehshel or Janean Monday - Friday, 9 a.m. - 2 p.m. 720-780-3380</i></p>	