

# Tasty Tidbits

June 2022

## REMINDER!

There will be NO Home Delivery  
on:  
Monday, July 4th

If you would like a frozen meal for the 3-day weekend, please call us



## Project Homecoming

Project Homecoming was created by Meals on Wheels of Boulder to help recently discharged patients (regardless of age or income) make the transition from hospital to home.

After you return home, you will receive 5 free nutritious meals, making it easier for you to focus on your healing process and recovery.

If you or anyone you know is interested in Project Homecoming, please call us at 720-780-3380 or email us at [info@mowboulder.org](mailto:info@mowboulder.org).



“So grateful for this service. It helped me cope in the transition from rehab to home.”

Meals on Wheels of Boulder  
3701 Canfield St  
Boulder, CO 80301  
[mowboulder.org](http://mowboulder.org)

## Help Us Reduce Costs

It seems costs are rising everywhere, and Meals on Wheels of Boulder is not immune to the impact. We have identified two areas, where with small changes, we can achieve great savings.

### Salad Dressing Packets

Those little packets of dressing may seem insignificant, but their cost is not. Effective June 1 we will no longer provide packets of dressing and ask that you purchase your own dressing to have on hand. We are also adding a variety of side salads with this change.

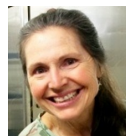
### Postage

Postage costs also continue to rise. Here are some ways you may be able to help cut costs:

- Receive your monthly statement via email by providing your email address to us, if you have one.
- Pay your monthly statement via credit card. We can safely and securely store your card number.
- Use your credit card statement as your ‘receipt’ instead of requesting a receipt to be mailed.

If you are able to help in these ways, please call us. If you’re already doing so, thank you!

If you have questions, please don’t hesitate to call Lehshel or Janean at:



Meals on Wheels  
of Boulder  
720-780-3380

