

# June 2022 *Eat Well Café Menu* 909 Arapahoe, M-F, 11 a.m.—1 p.m.

Mon		Tue	Wed	Thu	Fri
Eat Well Café Open 11:00—1:00 Weekdays Sara Steinman, Café Manager Max Machuca, Chef			1 Chicken Pad Thai - Walnut & Lentil Bolognese	2 Shrimp & Grits - Mexican Beef Skillet Bake	3 Cheese Burgers - Chicken Salad
6 Tofu Fajitas - Korean Ground Beef & Rice	7 Pork Chops - Garlic Herb Tilapia	8 Baked Fish - Roasted Pork with Dressing	9 Beef Broccoli - BBQ Chicken Sandwich	10 Breaded Chicken - Mushroom Stroganoff	
13 Ragu - Chicken Piccata	14 Green Chili Chicken Enchiladas - Hamburger Bake	15 Black Pepper Cod - Ricotta Stuffed Rigatoni	16 Pork Wellington - Tilapia with Dill Sauce	17 Pot Roast - Polish Sausage & Sauerkraut	
20 Risotto - Green Curry Veg. Stir-Fry	21 Chicken Spaghetti - Rosemary Pork	22 Red Chili Frito Pie - Chicken Floren- tine Casserole	23 BBQ Pulled Pork - Todd's Marvelous Meatloaf	24 Catfish - Mediterranean Summer Salad	
27 Chili Beans - Spaghetti with Meat Sauce	28 Bulgogi Meatballs - Honey Mustard Chicken	29 Pork Ribs - Cod	30 Salmon - Manicotti		