



December 2021 Eat Well Café Menu



Mon	Tue	Wed	Thu	Fri
Eat Well Café Open 11—1:00 Weekdays Sara Steinman, Café Manager Max Machuca, Chef		1 Cherry Pork - Manicotti	2 General Tso's Chicken - Cajun Tilapia	3 Baked Cod - Sweet Chili Pork
6 Bucatini Amatriciana - Moroccan Chicken	7 Shephard's Pie - Pork Marsala	8 Shrimp Chorizo Paella - Cabbage Rolls	9 Pot Roast Carbonnade - Eggplant Parmesan	10 Lasagna - Seafood Newburg
13 Bowl of Chili - Chicken Cacciatore	14 Chimichurri Chicken - Vegetable Stew	15 Duck Breast - Pork Ragu	16 Beef Broccoli - Krabby Patties	17 Salmon - Beef Tips with Noodles
20 French Onion - Sausage & Wild Rice Casserole	21 Catfish - White Bean Chicken Chili	22 Holiday Enchiladas - Mediterranean	23 Café Closed	24 Café Closed
27 Goat Cheese Pasta - Lightly Topped Tilapia	28 Burrito Bowl - Beef Stew	29 Ribs - Pork Stroganoff	30 Café Closed	31 Café Closed

