

Tasty Tidbits

November 2021

REMINDER!

There will be NO Home Delivery on
Thursday, November 25th
&
Friday, November 26th

If you would like frozen meals for
the 4-day weekend, please call us
by 2 pm, Tuesday, Nov 16th.



Pie Sale November 15th – 24th
(while supplies last)

15%
OFF ALL PIES
Regular price \$15

ENJOY ALL OF OUR FLAVORS:

Apple
Strawberry-Rhubarb
Blueberry
Cherry
& *seasonal Pumpkin!*

*Purchase your pie at a convenient
location near you:*

The Niche Market
3701 Canfield St, Boulder
Mon-Sat 9am-6pm

Eat Well Café at the
Age Well Center
909 Arapahoe, Boulder
Mon-Fri 9am-1pm

FOOD SUPPLY UPDATE

We continue to see supply chain
challenges with some food items.
We are doing our best to plan our
menus around known shortages,
but sometimes that is not possible.
Please bear with us, and we
apologize for any inconvenience.

Example of a recent shortage:
variety of salad dressing flavors. If
you have a favorite flavor, you may
want to purchase it from your
grocery store to have on hand.



Do you need someone to shop for
your groceries? Maybe you need a
handyperson to do minor home re-
pairs or to help you with yard work?

Cultivate can help!

- **Carry-Out Caravan:** Grocery shop-
ping and delivery
- **Fix-It:** Minor home repairs
- **SnowBusters:** Snow removal
- **YardBusters:** Yard work and clean
up

**All services are free of cost to
Boulder County residents.** To learn
more, visit www.cultivate.ngo or call
303-443-1933.

Meals on Wheels of Boulder
3701 Canfield St
Boulder, CO 80301
mowboulder.org

If you have questions or feedback, please
don't hesitate to call
Lehshel or Janean at:



Meals on Wheels
of Boulder
720-780-3380

