

Tasty Tidbits

November 2020



There will be NO Home Deliveries
on:
Thursday, November 26th &
Friday, November 27th

If you would like frozen meals for
the 4-day weekend, please call us
by 2 pm Tuesday, November 17th.

think  goodness
— FOODS™ —

QUICHE! PIE! SOUP!
Plan Ahead For The Holiday!

Get your wholesome ready-to-bake
quiches, savory soups and
homemade pies!

To place an order:
Call 720-780-3380. We accept all
major credit cards.

Pricing (tax included):

Quiche — \$15.58

Soup — \$10.39

Pie (whole) — \$12.46

Pie (6") — \$5.18

Heating instructions are included
with each purchase.

All products are based on
availability.

Meals on Wheels of Boulder
3701 Canfield St
Boulder, CO 80301
mowboulder.org

Cultivate Helps Seniors Flourish

Do you need someone to shop for
your groceries and deliver them to
your home? Maybe you need a
handyperson to fix things around
your home or to help you with yard
work?

Cultivate helps seniors flourish by
connecting them—as recipients and
contributors—with their surrounding
communities.

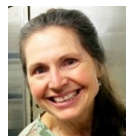
Cultivate offers six core programs:

- **Carry-Out Caravan:** Grocery shopping and delivery
- **VetsGo:** Rides for veterans and their family members to medical appointments
- **Fix-It:** Minor home repairs
- **SnowBusters:** Snow removal
- **YardBusters:** Yard work and clean up
- **RSVP:** Volunteer matching for individuals ages 55+

All services are free of cost to
Boulder County residents. To learn
more, visit www.cultivate.ngo or call
303-443-1933.


seniors flourishing in every community

If you have questions, please don't hesitate
to call Lehshel or Janean at:



Meals on Wheels
of Boulder
720-780-3380

