


November 2020 *Home Delivered Meals*

Mon	Tue	Wed	Thu	Fri
2 Tuna Noodle Casserole	3 Beef Chili with Cornbread	4 Teriyaki Chicken Stir Fry	5 Vegetarian Curry	6 BBQ Pork Ribs
9 Chicken Piccata	10 Roast Pork Oreganato	11 Lemon Butter Swai (fish)	12 Three Bean Vegetarian Chili	13 Meatloaf
16 Herb Roasted Pork Loin	17 Shrimp in Zesty Tomato Sauce	18 Eggplant Parmesan	19 Beef Stew	20 Chicken Green Chili
23 Lemon Pepper Tilapia	24 Mushroom Stroganoff	25 Turkey Dinner	26  No Meal Delivery	27 No Meal Delivery
30 Beef Pepper Steak			<i>If you have questions about our menus, service, or your account, please call Lehshel or Janean 720-780-3380</i>	