



# Tasty Tidbits

## August 2020



**REMINDER!**  
We are closed  
Monday, Sept. 7  
for Labor Day.

If you want a frozen meal for the holiday, please call 720-780-3380 by 2:00 pm on Thursday, Aug. 27th.

### Door to Door Scam Season is Upon Us

Summer is here, and dishonest people may be knocking on your door, using an old-fashioned technique to steal from you.

- In a “door-to-door” scam, the fraudster knocks on your door and typically offers a product or service, but their primary goal is to steal from you.
- They may try to convince you to pay cash up-front for a service that is never given, or distract you while an accomplice ransacks your home.
- Legitimate companies might knock on your door too, promising a one-time service. But you may end up signing on the dotted line for year-long service contract, or for more than you bargained for.

**Don't respond to unsolicited offers of service!** If you need help or repairs, schedule these appointments to avoid uncertainty over who is and is not legitimate. And call the Community Protection Division at (303) 441-3700 **before** you hire - they can help!

Meals on Wheels of Boulder  
3701 Canfield St  
Boulder, CO 80301  
[mowboulder.org](http://mowboulder.org)

### Protect Your Driver!

COVID-19 has made this a trying time for all of us and we hope receiving meals from our wonderful drivers has been a bright spot in your day!

We are taking every precaution to keep you safe from COVID-19 and ask that you **help protect our driver's** by wearing a mask when you answer the door to receive your meal.



Thank you for doing your part to stop the spread of COVID-19!

### Spread the News...

Do you have friends or neighbors that would benefit from a hot, nutritious meal once a day? During this time when many people need to stay home, it may have become challenging for some to prepare healthy meals.

Be an advocate and tell them about Meals on Wheels of Boulder!

There's no age or income restrictions to receive meals.

Help your friends and neighbors today!

We're just a phone call away: 720-780-3380.

If you have questions, please don't hesitate to call  
Lehshel or Janean at:  
Meals on Wheels of Boulder.  
**720-780-3380**

