



Tasty Tidbits

August 2019



*Monday
September 2nd*

*No Home Deliveries
Café Classico is Closed*

*Please call by Noon, Friday August 23rd to
order frozen meals for the 3 day weekend.*



**What is TRU PACE
anyway?**

Have you seen brochures or advertisements about this new program in Boulder County? Are you curious to know more?

TRU PACE is a program of all-inclusive care for older adults who live in the city of Boulder or other towns in Boulder County. The mission of TRU PACE is to help older adults age in their homes with their services.

TRU PACE provides all medical care, home care services, transportation, dental care and more for those over 55 who are eligible for the program. They also have a day center in Lafayette where folks can come for their medical appointments, physical strengthening and to participate in fun activities.

Boulder Meals on Wheels provides the lunches at TRU PACE Monday-Friday and we think this program is awesome! We hope that you will give them a call to see if TRU PACE is a good fit for you!

Check out the enclosed brochure, or pick one up in our office for more information. Or contact TRU PACE directly at: 303.665.0115.

www.pace.trucare.org

Meals on Wheels of Boulder
909 Arapahoe Ave, Suite 121
Boulder, CO 80302
mowboulder.org

*Tuesday night dinners at
Café Classico*

*(Dinner buffet served 5:00 pm—6:00 pm
~ only \$7/person or 10 meal punch card for \$63)*



August 6th
New Orleans Sausage & Chicken Boil
or Catfish

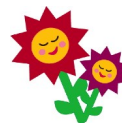
From Chef CrazyBear

August 13th

Salad Night

Tuna Salad or Chicken Salad

From Chef Kirk



August 20th

Pork Cutlets or Baked Cod
From Chef CrazyBear

August 27th

Barbeque Ribs or Barbeque Chicken
From Chef Kirk

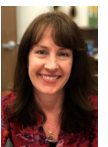
(please make reservations at 303.441.3148)

HELP WANTED-VOLUNTEERS

It takes many hands to prepare and deliver
230 meals a day.

If you are interested in serving your
community by preparing, packing, or
delivering meals, please contact our
Volunteer Coordinator, Brenda at:

303-441-4003
volunteers@mowboulder.org



If you have questions, please don't
hesitate to call

Lehshel or Janean at:
Meals on Wheels of Boulder.
303-441-3908

